





RECORD November 4, 2006

In this issue

Adventist MP reelected in Qld

Offering to fund new church plants

"Go forth with confidence!"



Kids' health study points to mums



Completing the Pathfinder reptile honour: Members of the Nunawading Pathfinder Club, Vic, observing two bearded dragons eating.

Leaders review Pathfinder honours

WAHROONGA, NEW SOUTH WALES

will undergo their first major revision and 200 different Pathfinder honours. update in more than 50 years ago.

"This is a process that's long overdue," practice have changed in many of the skill youth ministries in August next year. areas and we are aiming to provide Pathformation available with this review."

ences in Australia and New Zealand were the Lord."-Melody Tan

athfinder honours-developing and appointed to form the Honour Review recognising young people's skills Committee. The committee will review and and knowledge in youth groups-in update notes, information, worksheets and the South Pacific Division (SPD) assessment tools pertaining to more than

Writers have been selected to write the new notes that will conform to current says Pastor Nick Kross, SPD associate di-practice. The new notes will form part of rector of youth ministries. "Legislation and a DVD resource to be produced by SPD

"This review will increase the skill levels finder leaders with the most up-to-date in- of our Pathfinders," says Pastor Kross. "It will also help to retain interest in the clubs Thirteen representatives from confer- and ultimately bring our children closer to **GIVE YOUR** MAKING SENSE OF THE MILLENNIUM p.27

JESUS: MYTH, MIRAGE MIRAC

> Melody Tan catches up with The Waifs' band member to talk about religion, music and life





his life dramatically. So in fact, that today, newspas about Cunningham are about it: his "new-found

ry, according to Cunningever, is perhaps not quite te it has its true origin in

am grew up in region-Wales with parents nth-day Adventist fter his family stopped rch when he was 10, says he "entered into ase of life without a tian framework, happy about that." ling initially, but found his passion nakes his own) and up in a number of

The Waifs when he was just 18.

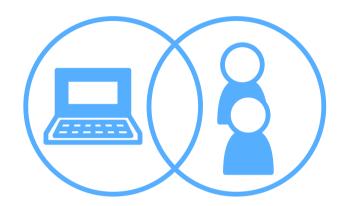


@MumsAtTheTable

SIGNS OF THE TIMES 33



Workshop objectives



Why hybrid ministry?



Mums At The Table case study



Practical steps for you







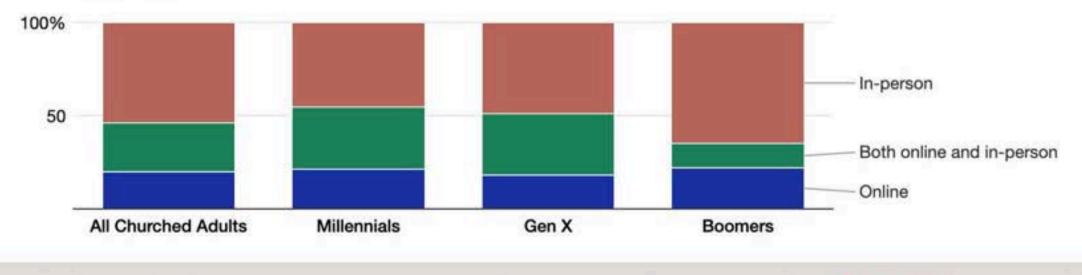


Why hybrid ministry?

Before the COVID-19 pandemic, the majority of church attendance happened exclusively in person. Today, that's only true for about half of churched adults. In fact, one in five (20%) is still primarily attending online, and one in four (26%) is mixing online and in-person worship.... Millennial churched adults are most likely to have embraced hybrid options, with one in three attending both online and in person.

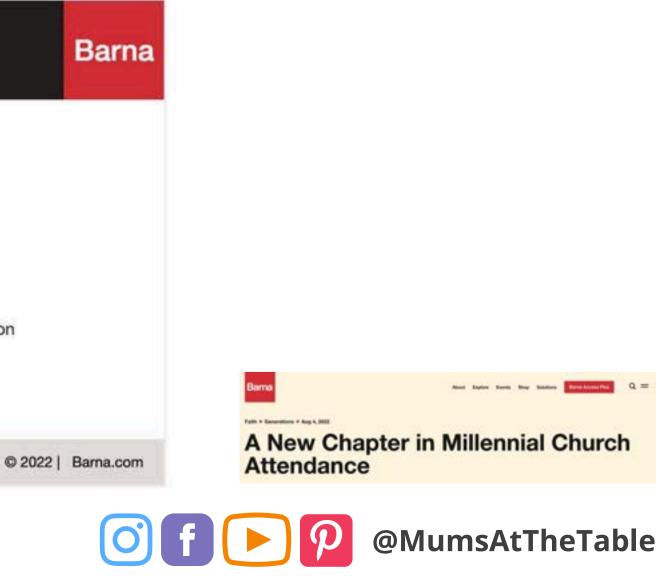
CHURCH ATTENDANCE IN 2022

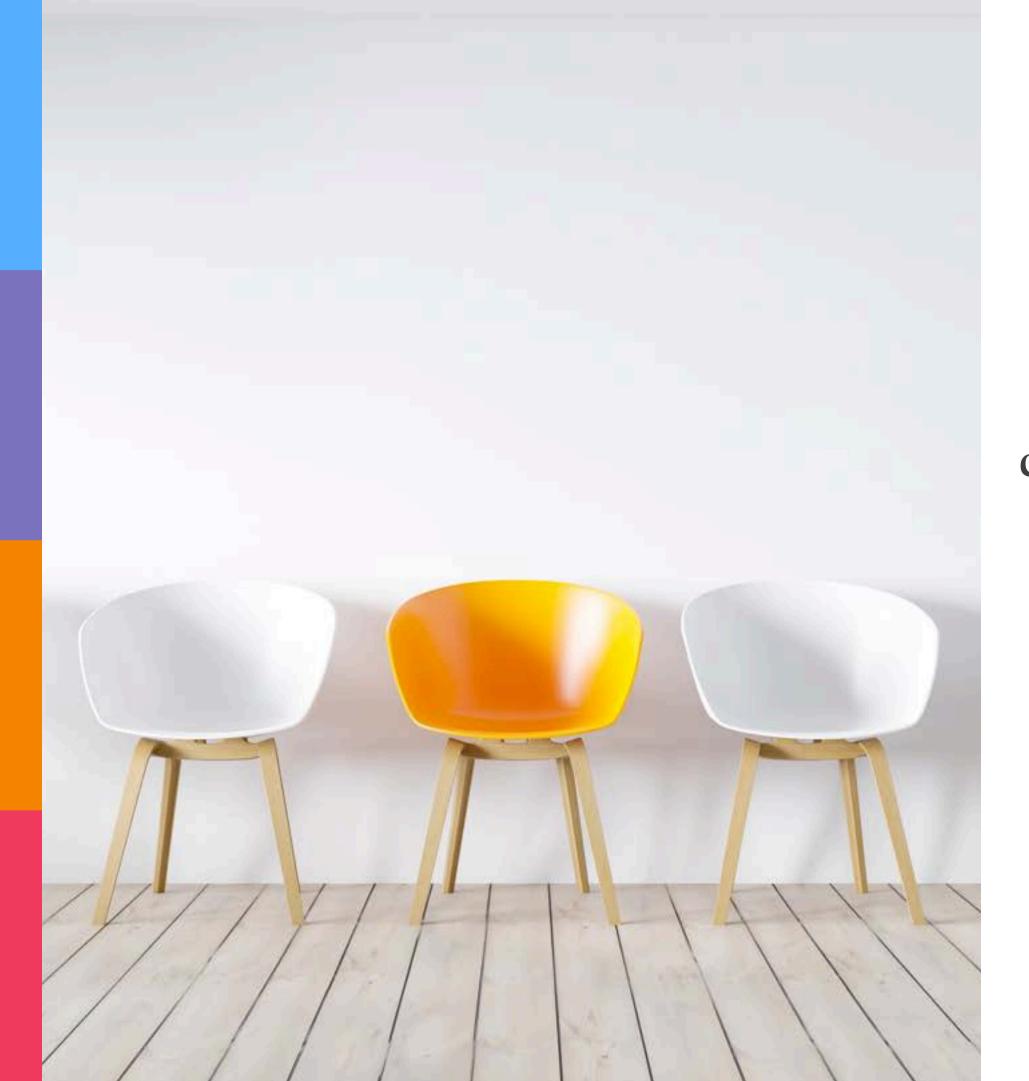
Today, how are you primarily attending your church? % Churched adults



n=1,905 churched adults (have attended church in the past six months), January 24-28, 2022. | Source: Barna Group | Download image









"This data should serve as an encouragement to leaders. Should church leaders keep themselves open to something new, there are new opportunities in store for the health and the future of the Church."

> DANIEL COPELAND ASSOCIATE VICE PRESIDENT OF RESEARCH, BARNA GROUP





The power of online

Parenting in a digital era

Two in three parents of Gen Alpha (65%) strongly or somewhat agree they seek parenting advice from their close inner circle. More than half (54%) use social media or other online platforms for parenting advice. Parenting advice from around the world is consumed by 38% of parents who engage with international experts on social media, global forums and overseas parenting blogs.

mccrindle

54%

More than half of parents to Gen Alpha (54%) use social media or other online platforms for parenting advice.

bonding and breastfeeding.

support vital.

A high proportion of new parents in Australia are likely to be using Instagram; scrolling while stuck under a cluster-feeding baby is a common experience.

Socials can offer connection and support as well as information.





Social media offers connection and support

If you're a mother, you know that the fourth trimester is a reckoning.

The maternal brain changes that occur in pregnancy prepare new mothers for this period of rapid learning and sleep deprivation while the hormone oxytocin assists with physical healing, mother-infant

But like any major life transition, uncertainty and questioning is rife and practical and emotional







THE MUMS AT THE TABLE HYBRID MODEL Building white and office commuties









Educate

Content creation



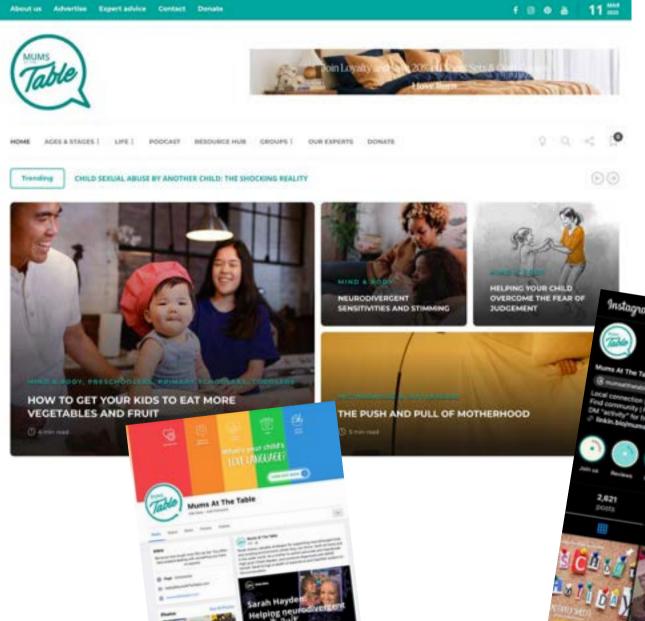
Connect

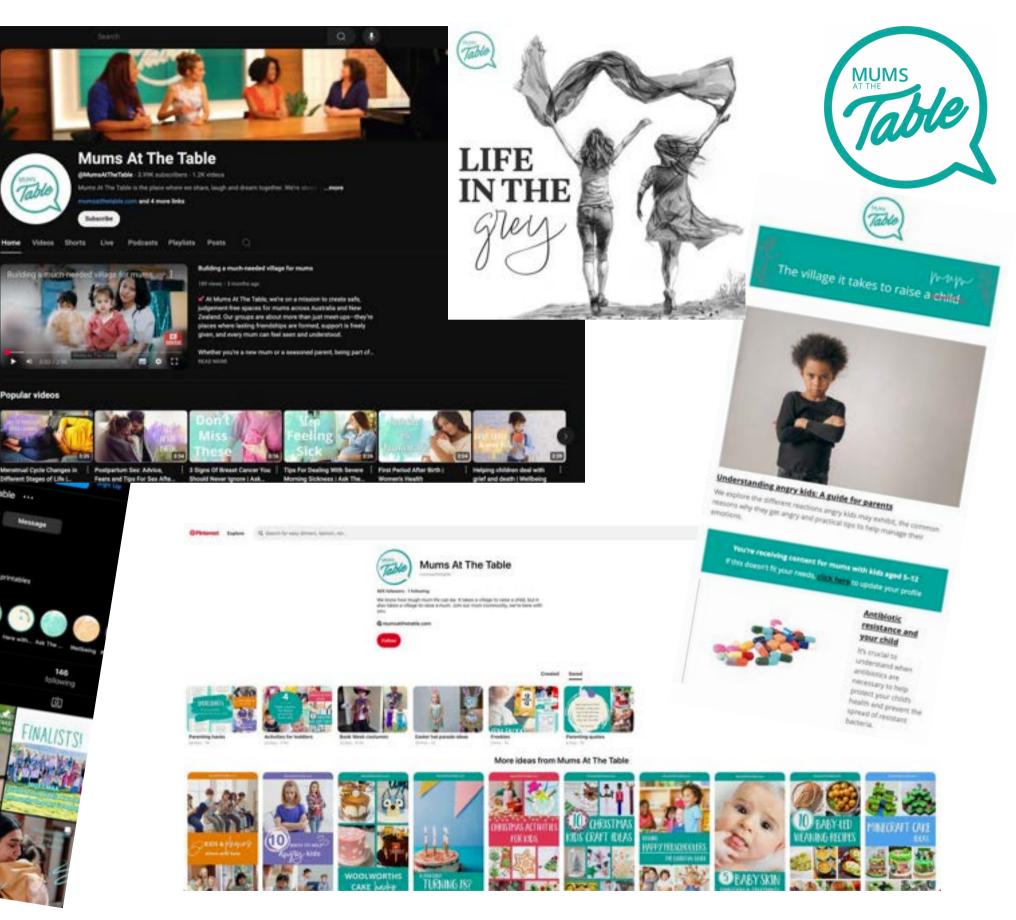


Community creation



Educate







Connect

100	
	11100

Mums At The Table Group

Private group · 10.9K members

I wrote this article at 4am one day, contemplating just how much I love my son and yet how often I feel so irritated by him <a>2 Anyone else feel the same way?



Mums At The Table 26 February at 18:00 - 3

Maybe it's just me, but as a parent, there's this constant push-pull of emotions I feel towards my child. He can frustrate me so much in our day-to-day interact... See more



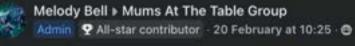
Learn more

The push and pull of motherhood - Mums At The Table Parenthood's push-pull of emotions: sleepless nights, fleeting years ... Melody Bell + Mums At The Table Group

Q Ali-star contributor 24 February at 10:00 0

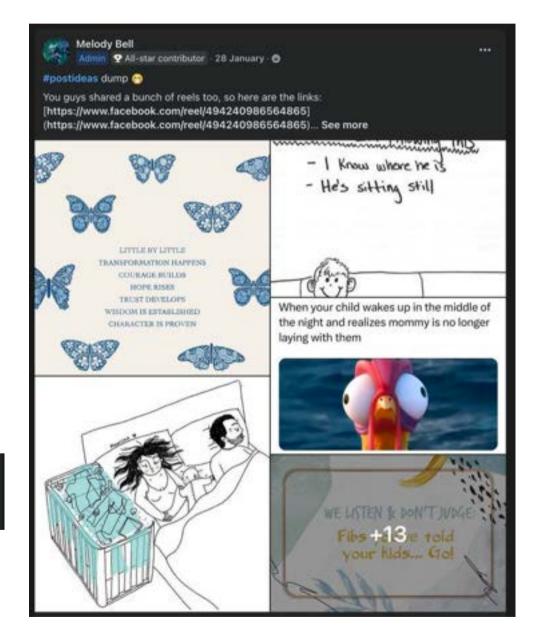
don't know about you, but staying calm while my child is angry is easier said than done. I get all irritated and agitated myself. What are some strategies you've taken to stay come and help your child (and yourself) emotionally regulate?





Urgh. Homework. Enough said 😂









W R I moved here from Canada 18 months ago and find it super lonely. I have made a couple friends but it's hard when you are with your babies all the time and have to stick to their schedule.

Like · Reply · 46 w



Event: Coffee catch up When: Wednesday 29/3/23 Where: the Levee Maitland. Exact location to be confirmed.

catch up and meet new friends. of similar ages.

Just a casual coffee to get to know each other and make new friends.



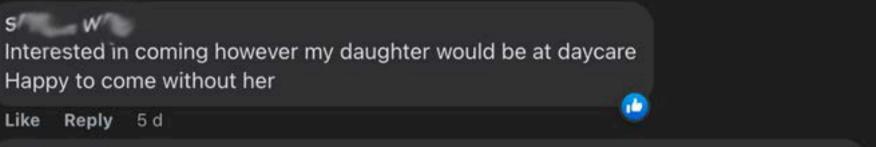
90% of new mothers felt (mgy since giving birth

—The Guardian



Hi ladies. Putting it out there to any mums on maternity leave or mums of young babies looking to

My son is 7 weeks old and we live in East Maitland. Looking to make new mum friends with bubs



Hi I have a 3mo son and I'm from Thornton. I'd love to meet at some point. I'm just not available next Wednesday though as I will have my 2yo and 3yo at home with me and don't want to be bringing them to a coffee catch up.

Hi, I'm interested in coming i would have my 4 mo girl with me my 4yo boy will be at



WHO declares loneliness a 'global public health concern'

The World Health Organization has launched an international commission on loneliness, which can be as bad for people's health as smoking 15 cigarettes a day







Offline community events



Kid-free dessert nights





Walking groups

Mum's groups







Cafe catch-ups

Craft evenings





Playground meet-ups

Toys/clothes swap

Playgroups



The church connection













Adventist Education





Billy Martinez

Pastor, Mount Gravatt

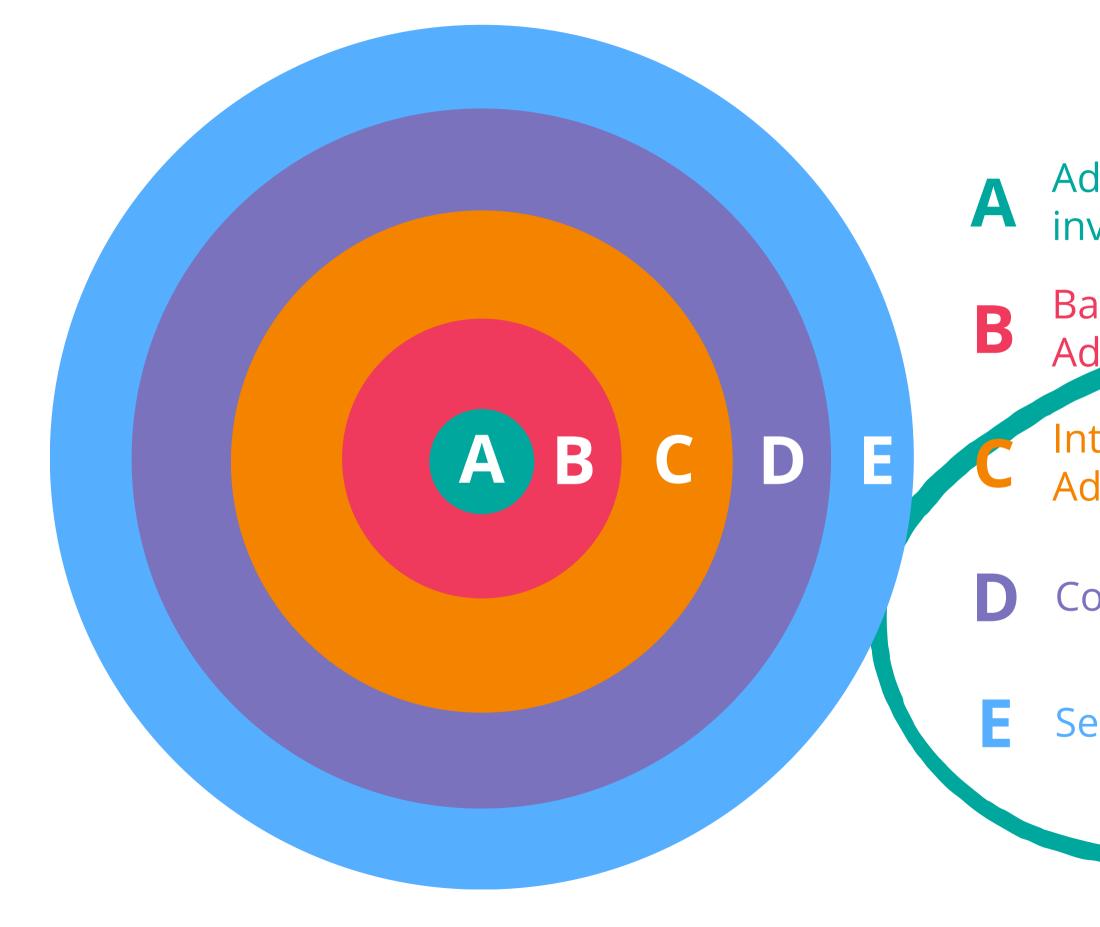
obviously in the church





ONGOING GROWTH SHARING FAITH WITH OTHERS LEARNING CHRISTIAN DISCIPLINES LEARNING THE BASICS OF THEIR FAITH **EXPERIENCING CHANGE IN THEIR LIFE**







Adventists totally involved in the mission

Baptised Seventh-day Adventists

Interested in the Seventh-day Adventist Church

Consider themselves Christian

Secular or from other religions





FIRST, BE A Joint Contract of the second sec



when I was in Sydney and one of the first things I did

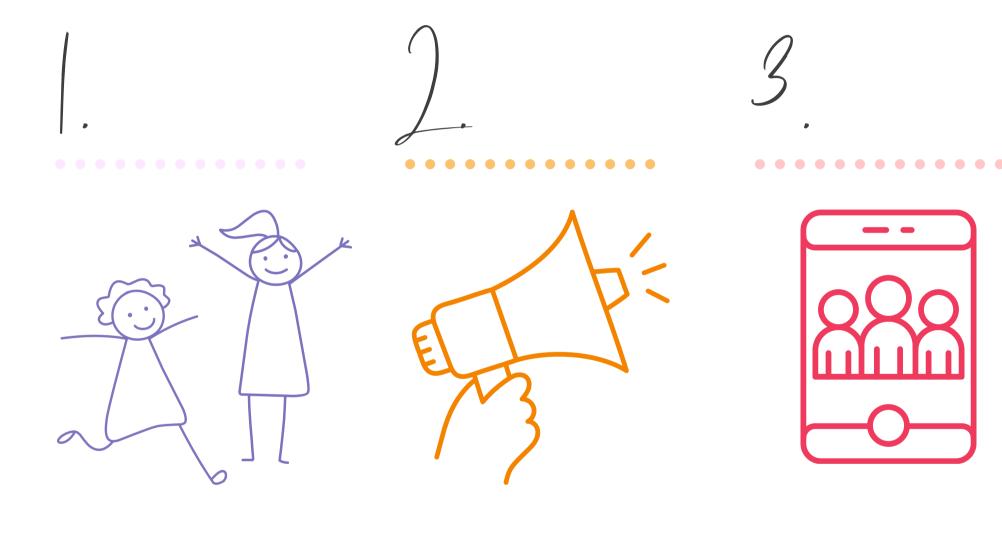




PRACTICAL Sors



Getting started



Volunteers

Advertising

Online community



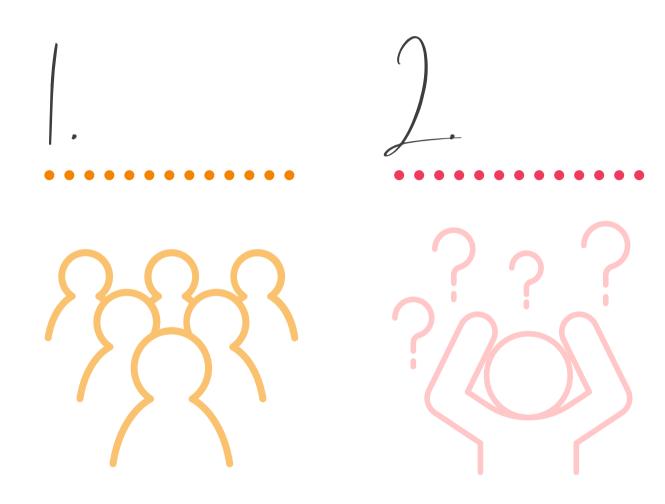




Offline community



Potential challenges



Unfair focus on numbers & baptisms

Not community friendly







Potential pitfalls

2 November 2023 - 😅		
months) are moving to Port in roots in Port after living overse		alian family and are looking to lay rrow we will settle on a house in the
🕘 🧔 You, Elise Emil Machalek and 5 others		2 comments Seen by 94
Love	C Comment	∽ Send
		Top comments 👻
I run the Kindergarten Sabbath School at the have your family join us once you settle in		Church. We'd love to
16 w Like Reply		

thank you for the invitation. We don't go to church so we won't join you at this activity. All the best

16 w Like Reply

25 November 2023 · 😁

Such a blessing serving the community 🖤 I love to spend my Tuesdays at food pantry for a few reasons:

- 1. It's my, me time
- 2. Helping those who are in need
- 3. Sharing the love of Christ with others
- 4. Spending time with brothers & sisters in Christ from church
- 5. Being active

Mummas if you're looking for something to do in your spare time, feel free to come down and join us at food pantry every Tuesdays 😂

In order to purchase a hamper, a pension/seniors card and \$10 is required.





...



Potential pitfalls

I'm going to try to make this a constructive post. Most of the posts I've personally seen in this group that have come up in my feed strike me as so very immature. I haven't worked out why this is in a group of 10,000+ members and when it is a church-based group. I'm shocked. There is so much wisdom to be found in the pages of the Bible and other spiritual resources, for the enlightening of our minds.

Please, let's grow our maturity, emotional intelligence, etc and our walk with God always... Stop whining about your kids, husband, in-laws, whomever! Despite the irony of me saying this right now, this is THE most whiny group I've ever been a part of. I'm not judging individuals; I don't even remember who the authors are once I scroll past a post. I do, however, recognise the unhealthy behaviour and some of the mentalities that are coming out.

If you want to fix your family, the best thing you can do is ask God to show you ways to grow your own maturity. Children learn their EQ from their parents; and before you point at your husband, remember that people tend to choose a partner of the same EQ is themselves. But maturity isn't fixed, you can develop it.

There are plenty of resources from Dr Arlene Taylor, Dr Timothy Jennings, Ellen G. White and others that can help in this department. Or, hey, get constructive and find a psychologist.

In terms of a community approach, I suggest that members stop pandering to those who are complaining ('venting' or 'ranting' and usually over-sharing every sordid detail). And perhaps @Admin could consider putting out some posts that are spiritually and emotionally constructive to aid the effort. I don't recall the last time I saw any post of worth to build up others and ourselves.

Surely there are many wise and wonderful women in this group — maybe they are mostly silent There are legitimate questions and sharing that come up, too. For the rest of it... Come on women, let's live up to our God-given potential! Decide to stop complaining and start asking yourself before your speak or post: 1) is it constructive, and 2) is it empathetic? If the answer is no, keep it to yourself and God-For all our sakes, including that of your own character. I sincerely hope this group can become a light to ennoble the minds of the amazing women who make its membership.

10 August 2022 - 😁



9 August 2022 · 3

Glory! Glory! Glory be to God!!! Fear thou not: for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I wil... See more

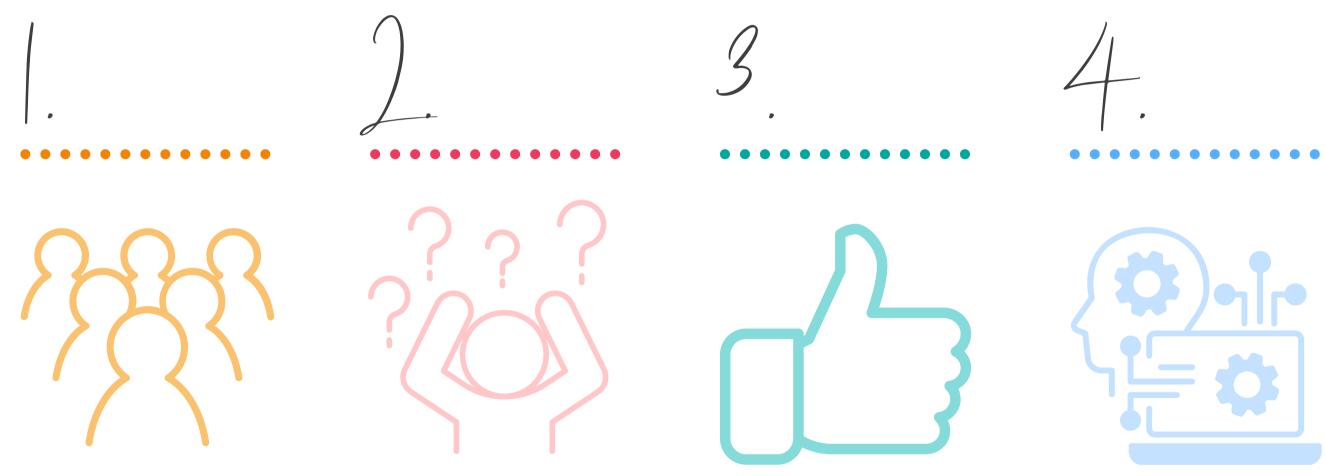


When things get tough God will see you through if you ask him.

FAITH IS ABOUT TRUSTING GOD TO HELP YOU THROUGH THE STORM.



Potential challenges

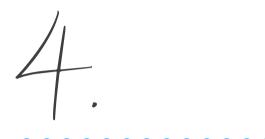


Unfair focus on numbers & baptisms

Not community friendly

Lack of engagement





Trends & algorithms





QUESTIONS?









Hello@MumsAtTheTable.com

